



Autophagy in lifestyle-related diseases

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Researchmap <https://researchmap.jp/read0085516>

Abstract

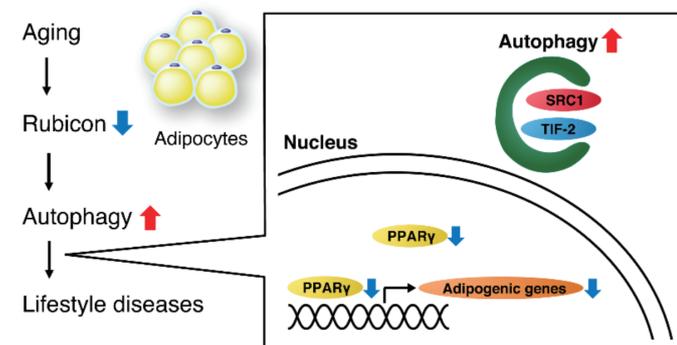
Autophagy is an intracellular bulk degradation system that plays a pivotal role in the maintenance of cellular homeostasis. The systemic decline in autophagic activity with age impairs homeostasis in several tissues, leading to age-related diseases. We previously showed that a protein called Rubicon, which inhibits autophagy, is upregulated in aging tissues. Recently we found that, in contrast to other tissues, such as the liver and the kidneys, Rubicon levels were decreased in the adipose tissue of aged mice, resulting in increased autophagic activity.

Rubicon knockout in adipocytes causes fat atrophy and hepatic lipid accumulation due to reductions in the expression of adipogenic genes, which can be recovered by activation of PPAR γ . SRC-1 and TIF2, coactivators of PPAR γ , are degraded by autophagy in a manner that depends on their binding to GABARAP family proteins and are significantly downregulated in Rubicon-ablated or aged adipocytes.

Significance of the research and Future perspective

We have revealed that Rubicon plays an essential role in proper maintenance of adipocyte function and systemic metabolic homeostasis by preventing excess basal autophagy.

The absence of Rubicon in adipocytes occurs in aging and cause excess autophagy, resulting in lifestyle-related diseases due to impaired adipocyte functions. This study should promote the development of novel therapeutic strategies for lifestyle-related diseases by inhibiting autophagy on adipocytes.

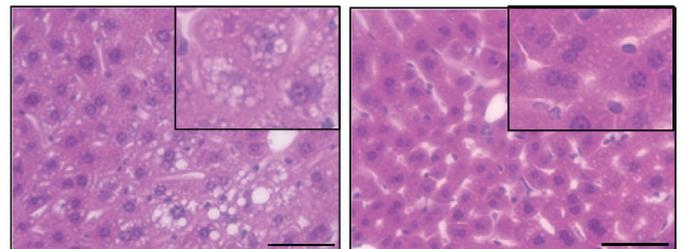


The proposed mechanism of adipose tissue aging.

Liver sections from 18-month-old mice

control

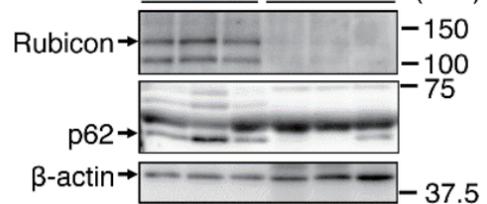
Atg5 knockout



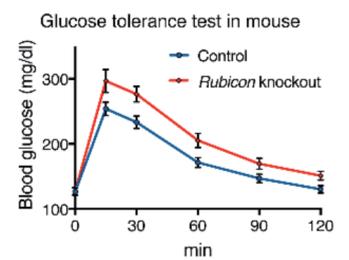
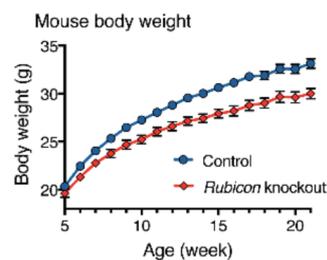
Excess autophagy in adipocytes promotes age-related hepatic steatosis.

Mouse adipose tissue

3 months 25 months (kDa)



Rubicon levels in mouse adipose tissue decrease with age.



Deletion of Rubicon in adipose tissue leads to leanness and glucose intolerance.

Patent

Treatise

URL

Keyword

Yamamuro, Tadashi; Kawabata, Tsuyoshi; Fukuhara, Atsunori et al. Age-dependent loss of adipose Rubicon promotes metabolic disorders via excess autophagy. *Nat Commun.* 2020; 11(1): 4150. doi: 10.1038/s41467-020-17985-w
Nakamura, Shuhei; Oba, MMasaki; Suzuki, Mari et al. Suppression of autophagic activity by Rubicon is a signature of aging. *Nat Commun.* 2019; 10(1): 847. doi: 10.1038/s41467-019-08729-6

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autophagy, lifestyle-related diseases, aging, rubicon, drug discovery